



National Development Team **for inclusion**

## Co-producing better outcomes for people in Gosport

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# About NDTi

- **We believe** all people, regardless of age or disability, should be valued and able to live the life they choose.
- We are an independent, not for profit organisation
- We work to **encourage and support change** in people's lives, through facilitating learning, organisational development, research and evaluation.
- [www.ndti.org.uk](http://www.ndti.org.uk)

# About Today

- Scene setting, providing the context
  - Why are we coming together now?
  - Why focus on people living with long term conditions in Gosport?
  - What is the evidence telling us?
- What is coproduction, how is different from involvement and some of the benefits
- What will be doing together, over the next 6 months?
- Your hopes for this project.

# Context

- Better Local Care is a new partnership between local NHS, care organisations, GP's, voluntary sector and people who need services – all believe there is a better way to deliver care e.g. closer to home, support that helps people live healthier lives, including managing own health.
- Need to understand what matters most to people living with a number of health conditions
- This group will work together to discuss and agree on what matters most and needs to change so that people have better experiences

# What is Coproduction?

Organisations and local citizens working together, as equals, to design deliver and improve opportunities, support and services that enable people to have a good life

# Key principles, values and ethos underpinning coproduction

- It is a **reciprocal relationship** between professionals and local people in which power is shared and there is a recognition that everyone has a contribution to make
- It is **not the same as involvement, engagement or consultation** - it is doing *with* not doing *to/for*
- Public services are **facilitating** rather than delivering

# Benefits and outcomes

- Bringing together different perspectives leading to informed, shared decision making
- Build skills, leadership and capacity of people, including front line and other staff
- Builds on people's strengths and assets, not deficits and need.

# Benefits and outcomes

- Delivers better outcomes including increased confidence, improved health and well-being, reduced isolation and dependency, improved relations between public agencies and citizens
- Coproduced services are cost effective because they bring in additional resources e.g. help and support from people who need support, their families, neighbours and innovative ideas for care and support .
- Need for emergency/crisis care less likely if there is investment in preventative and universal services – coproduction can help develop a better understanding of what does and does not work for people.



# Plans for Gosport

- Co-design group
- Co-production group
- Initial survey
- Mid July – revisiting outcomes for the project as a whole and context in which work taking place. Starting to think about changes/differences we would like to see for people with long term conditions, their families and the wider system. This will also inform initial evaluation activity
- Late July – meeting of co-design group

# Plans for Gosport

- Mid Aug – mid point evaluation activity
- Early Sep – changes/differences we would like to see for people with long term conditions, their families and the wider system and what success look like
- Late Sep – final meeting of co-design group to ‘sign off’ outcomes framework
- Early/mid October – final evaluation activity
- October - draft and final evaluation report

# Evaluating the project

## Working alongside the project to ask:

- What is the progress towards achieving the aim (producing a set of outcomes)? Successes? Challenges?
- How is working in co-production helping to achieve the aim?
- How is the experience of working in co-production for people involved? What are people learning?
- What can we learn from this project that will be useful for other projects working in this way?

# Evaluation activity

## Four stages:

- Survey – before and after
- Workshop – to talk about hopes for the project, what changes we want to see and how we will know if these have been achieved
- Visit mid project – one to one interviews, what's working, what's not working?
- Visit at the end of the project – one to one interviews, reflections and lessons learned

# Discussion

- What are your hopes for this project?
  - For you personally &
  - For the Project as a whole